



# COVID-19 Self-Screening Tool

Use this tool the morning of your arrival

- Have you or someone in your household traveled outside of Canada in the last 14 days?
- Have you or someone in your household had close contact with someone who is ill with a cough and/or fever?
- Are you or someone in your household self isolating because you have been confirmed with covid-19 or have had close contact with someone who has?

## Do you have any of the following symptoms?

- Fever
- Cough
- Shortness of breath/ Difficulty breathing
- Non-allergy runny nose, sneezing, nasa congestion
- Sore throat
- Difficulty swallowing
- Lost sense of smell or taste
- Feeling unwell / Fatigued
- Nasua, vomiting, diarrhea
- Headache
- Unexplained loss of appetite
- Muscle or joint aches
- Conjunctivitis (pink eye)

**IF AN INDIVIDUAL ANSWERS "YES" TO ANY OF THESE QUESTIONS, PLEASE DO NOT TRAVEL**

**CALL 1-844-901-8442 (Island Health COVID-19 Testing Call Centre)**

We want to thank you for taking the time to go through our self-screening tool and appreciate you for doing your part to stop the spread.

Your Ocean Village Team